



Camp Nashoba North

Dear Camp Parent,

It is important for you to be aware of a Maine State law that could affect your child while attending a Maine camp. (Please note: This is only for children who take life-saving medications.)

The State of Maine has passed a law that affects all campers who are medically required to carry at all times and to self-administer emergency medication while at camp. These are campers who have been diagnosed to be at risk for a potential medical crisis such as asthmatic attacks or allergic reactions. The medications include, but are not limited to, **an asthma inhaler or an epinephrine (epi) pen**. The law establishes procedures that camps must follow to permit camper to carry and self-administer emergency medications.

To comply with this Law (state law 2496), all Maine camps are required to have a written policy providing that campers may carry and self-administer emergency medications provided the following conditions are met.

- A. Any camper who needs to carry and self-administers emergency medication must have the prior written approval of the camper's primary health care provider and the camper's parent or guardian;
- B. The camper's parent or guardian must submit written verification to the camp from the camper's primary health care provider confirming that the camper has the knowledge and the skills to safely self-administer the emergency medication in camp;
- C. The camp health staff must evaluate the camper's technique when they arrive at camp to ensure proper and effective use of the emergency medication in camp.

If you want your camper to be able to carry and self-administer, you and your camper's primary health care provider **must provide written approval**. **There are two forms provided on our website at www.campnashoba.com in the parent password protected area**. **If you prefer hard copies, please call 978.486.8236**

All forms should be submitted by June 1.

PERMISSION FORM

APPROVAL FOR CARRYING AND SELF-ADMINISTERING EMERGENCY MEDICATION

As the primary health care provider for (camper's name) _____, I order the carrying and self-administering, as medically necessary of the following medications by the above named camper: (Circle all that apply or list other emergency self-medication device.)

- a. Asthma Inhaler
- b. Epinephrine Pen

Further, I confirm that this camper has the knowledge and the skills to carry and safely self-administer the indicated emergency medication in camp.

Primary Healthcare Provider signature _____ Date _____

PARENT PERMISSION FORM

USE OF SELF-ADMINISTERED EMERGENCY MEDICATION

As the parent or guardian of (camper's name) _____ I approve of the carrying and self-administering, as medically necessary of the medications listed above by my child:

Further, I confirm that my child has the knowledge and the skills to safely carry and self-administer the above listed emergency medication in camp.

Parent or Guardian signature _____ Date _____

Camp Policy for Self Administration
Of Emergency Medications by Campers

Campers are permitted to have readily available (carry or possess outside of the regular supervision of the camp's health staff) and to self-administer emergency medications only where following conditions are met.

- A. Any camper who self-administers emergency medication must have the prior written approval of the camper's primary health care provider and the camper's parent or guardian;
- B. The camper's parent or guardian must submit written verification to the camp from the camper's primary health care provider confirming that the camper has the knowledge and the skills to safely self-administer the emergency medication in camp; and
- C. The camp health staff must evaluate the camper's technique to ensure proper and effective use of emergency medication in camp.

Please Return of Fax All Applicable Forms to:

**Before May 31st:
140 Nashoba Rd.
Littleton, MA
1460
978.952.2442**

**June 1st and after:
198 Raymond Hill Rd
Raymond, ME
04071
207.655.4063**