

Dear Parents,

In our on-going commitment to meet the needs of our campers who require medication while at camp as well comply with strict state regulations regarding medication dispensing for summer camps, we once again will be working with **CampMeds Inc.** to provide the convenient service of dispensing, packaging and shipping medications directly to our camp this summer.

Our policy and procedure for dispensing and administering medicine REQUIRES camp families to have all of your child's medicine to be dispensed by *CampMeds* and sent to camp prior to their arrival. This includes all prescription, non-prescription medicine taken daily or as needed, as well as vitamins.

*Our camp stocks most over the counter items such as Tylenol, Advil, Benadryl, etc. so you do not need to have **CampMeds** dispense those items.

Medications that are in pill form are individually packaged and sealed according to date and time of administration. Each individual packet may contain one or more pills prescribed to be given at the same time. This method of dispensing medicine during summer camp minimizes potential med errors, ensuring that every camper gets the correct medication and dosage, at the right time, on the right day. It also allows your children to return to their camp activities sooner, because administering meds that are pre-packaged and organized reduces their time spent in line waiting for meds! Our nurses now have more time to devote to your child's other healthcare needs.

Please remember that all medication at camp is dispensed at mealtimes and bedtime. Only if medically necessary and a specific time is written on the prescription, will the meds be dispensed at a different time of day. You are responsible to check that your child's prescriptions are written exactly how and when the medication is to be given. For example, if the med is to be taken only as needed, the prescription must be written that way; if the med is to be the "brand drug", the prescription must specify "brand only" or the generic will be dispensed.

We want to be clear that we do expect **100% participation** from families with campers who will need medication while at camp. The only exception to this procedure is if **CampMeds** notifies us that they are unable to accept your insurance. If your camper does not take medication or Vitamins, you do not need to register with **CampMeds**.

If your camper will be taking medication at camp this summer, please read the following detailed letter, and visit their website, www.campmeds.com for additional information and to register your camper.

We are confident that this program continues to help us achieve our primary goal; ***the health, well-being and safety of your child.***

Regards,

Sarah Seaward

Camp Owner/Director

Dear Camp Parents,

Camp Nashoba North will continue to work with **CampMeds Inc** to dispense and pre-package your child's medication for camp. Camp families are **required** to register with the service of **CampMeds** if your child takes daily or as needed medication. This includes prescription, non-prescription meds and vitamins. The medication will be dispensed and individually packaged by our pharmacy. Each sealed packet will be labeled with your child's name, medicine, dosage, date and time to be given. Prescriptions that are not in pill form (liquids, inhalers, etc), will be dispensed as well. Our system ensures that each camper receives their correct medicine at the correct time. All meds will be shipped to camp prior to your child's arrival.

What you need to do: Register on www.CampMeds.com (you may register prior to obtaining prescriptions)

1. Note your Camper ID number you will receive when registered. Print out receipt from registration.
2. Obtain original prescriptions written for 30 day increments. (Refer to FAQ # 5)
3. Write Camper ID # on top corner of prescriptions. *Do not send us medication, only written prescriptions.
4. If your child attends over 30 days, prescriptions must have a refill. Unused meds are sent home from camp.
5. **For Controlled Substances:** If your child is staying longer than 30 days, law requires a new prescription to be written for each 30 day supply. No refills and only 30 days worth of meds should be written on the prescription. Two separate 30 day prescriptions are required. Send all prescriptions together.
6. Prescriptions are filled as written. It is your responsibility to confirm all prescriptions are written correctly; exactly how (daily or PRN) and when your child takes the medication, the correct med is prescribed and the dosing is correct. (Refer to FAQ #2 and #10).
7. Non-prescription meds/vitamins; physician's authorization or clear directions written by parent is required.
8. Include a copy of both sides of your insurance/prescription card.
9. Mail prescriptions, registration receipt and copy of insurance card directly to:
CampMeds PO Box 267037, Ft. Lauderdale, FL 33326-7037

Fees: The packaging fee will be charged to your credit card immediately upon registration.

*** Fees are per camper, not prescription, and do not include the cost of medicine.

- **Packaging fee for campers attending up to 30 days of camp is \$50 including shipping**
- **Packaging fee for campers attending over 30 days of camp is \$60 including shipping**
- **NON-PILL MEDS ONLY** (liquids, inhalers etc) a one time fee of \$30 per camper will be charged instead of the above packaging fee.

Deadlines: ALL OF THE ABOVE ITEMS MUST BE RECEIVED 30 DAYS PRIOR TO SESSION START DATE
A late fee of \$25 will be charged to your credit card if any of the items above are received after the deadlines.

Please be aware that your credit card will be charged the shipping cost for any med change or if additional meds are ordered and sent to camp after your initial medication and/or refills have been sent to camp.

Email Notification: You are notified by email when **CampMeds** receives your online registration, when your prescriptions are received and when meds are sent to camp. Contact us if you do not receive a confirming email within one week of sending prescriptions.

Insurance/Prescription Meds: The **CampMed's** licensed pharmacy partner **Everspring Pharmacy**, accepts most insurance plans. They will verify your insurance, and bill for prescription drugs. You are responsible for the co-payments and deductibles which will appear on your credit card statement during the summer months *after your child returns home*. *All of your med charges will appear on your credit card from **Everspring Pharmacy**. You are responsible to notify **CampMeds** of any changes to your credit card and/or insurance plan. If the pharmacy is not a provider for your plan, you will be notified and may contact camp for alternative arrangements.

Meds Not Covered by Insurance: Will be charged to your credit card by **Everspring Pharmacy**.

Please refer to our website www.CampMeds.com for registration and details. For questions or if you are unable to register online, contact **CampMeds** at 954-577-0025 or info@CampMeds.com. Turn page for FAQ's.

CampMeds FREQUENTLY ASKED QUESTIONS

- 1. Exactly Which Medications Am I Required To Have *CampMeds* Dispense?**
 - ALL Prescription and Non Prescription Medication except the following , Injections, Accutane, Birth Control Pills
 - Most camps will stock drugs such as Tylenol, Advil, Benadryl, etc.- you do not need to have ***CampMeds*** dispense those items that your camp stocks if they are only taken “as needed”.
- 2. How Can I Be Sure The Meds Will Be Packaged Exactly The Way My Child Takes Them?** It is your responsibility to check that the written prescription is written correctly. If the med is to be taken daily, the prescription should be written for every day with the time of day, such as morning, with lunch, etc. If the med is to be given at bedtime, the prescription must specify. **If a prescription is written as “once a day” with no specific time frame, the med will be packaged for the am.** If the med is taken only “as needed” (PRN), the prescription must be written to specify only as needed. We will not send a refill for a med that is written “as needed” (PRN), unless the nurse requests a refill. We will refill all meds prescribed daily for campers at camp over 30 days.
 - ALL prescription meds must have an original written prescription.
 - Non prescription meds/vitamins must have written directions on a separate paper by a parent or a written physician’s authorization.
- 3. Can The Pharmacy Accept My Insurance?** Our affiliated pharmacy is contracted with most insurance plans however, until you submit your registration form with a copy of your insurance card, your plan cannot be verified for billing. We will contact you if the pharmacy is not on your plan. In the rare instance the pharmacy cannot accept your insurance; you may choose to give authorization to charge your credit card for the meds. You will not be required to participate in the *CampMeds* program if your insurance will not pay for medicine dispensed by our pharmacy. ******It is your responsibility to confirm the medication that is prescribed as well as the dosage is covered by your insurance.** Any credit card charges from the Pharmacy will appear as a separate charge after your child begins camp.
- 4. I Can Only Refill My Child’s Medicine When He Is Down To His Last Pill. How Can The Pharmacy Send The Meds To Camp So Far In Advance?** Although the meds are sent to camp prior to your child’s arrival, we do not bill your insurance until the day your child begins camp. If that billing date does NOT coincide with your refill date, the Pharmacy will then hold on to the claim form until the appropriate date to resubmit the claim for reimbursement. If your child attends camp longer than 30 days and needs an additional shipment of meds sent to camp, those meds will be billed 30 days after the initial billing went through. When your camper returns home the leftover meds, and finishes any meds left at home, you will fall right back in to your refill cycle! **PLEASE NOTE:** Since we do not bill your insurance until your child is at camp, you may refill your meds anytime before camp if necessary. Billing will be delayed if you refilled shortly before camp. **Med charges will not appear on your credit card until your child returns from camp.**
- 5. Why Don’t You Dispense Meds For the Exact Days of Camp, Rather Than In 30 Day Increments?** Most insurance plans only reimburse for 30 days of meds per month, and you the insured, usually pay a co pay for each 30 day supply of meds. If we dispense anything less than a 30 day supply, you would have to pay an additional co-pay for the remaining medicine needed for the rest of the month. Also for this reason, we send 2 /30 day supplies of meds to camp, even if your child attends 50 days of camp. If we send a 30 day supply and the following month only a 20 day supply, you will pay another co pay for the remaining 10 days of the month.
- 6. What If I Pay One Co Pay For A 90-Day Supply Of Meds? What if I use a Mail Order Pharmacy?** Usually our pharmacy can only dispense a 30-day supply of meds. Please notify ***CampMeds*** if you have a 90-day plan or use a Mail Order Pharmacy.
- 7. Will Non-Prescriptions Cost The Same As I Pay At My Pharmacy?** The Pharmacy is competitive in pricing however, there is no way to know if you will pay a few dollars more, or a few dollars less.
- 8. Can A Half Of A Pill Be Packaged?** Yes
- 9. My Child Takes A Different Dose Of The Same Medicine Every Other Day. Can It Be Packaged That Way?** Yes
- 10. Will The Pharmacy Dispense Generic Or Brand?** Unless the prescription specifies “Brand Only”, “Brand Medically Necessary” or “Do Not Substitute”, the pharmacy will dispense generic. It is your responsibility to confirm the prescription is written correctly.
- 11. My Child Attends Camp For More Than 30 Days. Do I Need More Than One Prescription?** Only if your child takes a “**controlled substance**”, an additional prescription for a 30 day supply of meds is required. It is against the law for a “**controlled substance**” to be refilled. **Please send a separate prescription for every 30 day supply.** All other meds can be written with refills. All prescriptions for the child’s camp stay should be received by ***CampMeds*** at the same time.
- 12. How Do I Get My Physician To Prescribe More Than One Month For A Controlled Substance?** Please visit our website at www.CampMeds.com for a detailed letter you may give your physician on controlled substance prescriptions to be dispensed by the ***CampMeds*** Pharmacy. You may explain that we can accept two separate 30 day prescriptions written for the same date, but they will only be dispensed one month at a time, OR the physician has the option to write both prescriptions each with a different date. For example, if on May 5th your child has a Dr’s appt. and needs a prescription for Concerta 36mg while away at camp for 7 weeks, the physician may write two separate prescriptions for 30 days each, both dated May 5th OR write for May 5th and June 5th.